

# Become a Fire Department Volunteer

## Get Your Home and Family Prepared



In most disasters, the victim or bystander is the first to respond. Do you know what to do?

Potential impact of a 7.8 earthquake on the San Andreas Fault

### What is CERT?

CERT (Community Emergency Response Teams) is a FEMA endorsed training program that prepares you to help yourself, your family, your neighbors and your community in the event of a disaster. During an incident, emergency response personnel could become overwhelmed and resources will be limited. By becoming CERT trained, you will gain the skills to help emergency responders save lives and property. Once you have completed the training, you have the opportunity to become a Fire Department CERT volunteer.



### What Will I Learn?

By taking CERT you will learn:

- How to prepare your home and family for a disaster
- How to perform basic first aid and CPR
- How to safely search a building for trapped victims and rescue them
- How to put out small fires using a fire extinguisher
- How to survive outdoors if you cannot return to your home because it is unsafe
- How to use all these skills to create a Neighborhood CERT Team



## CLASS 1

Emergency Management  
&

Homeland Security Office  
2000 Main Street

Huntington Beach, CA 92648



### What do CERT Volunteers do?

CERT volunteers are trained to prepare for and respond to a disaster until first responders arrive. You will be taught to manage a disaster in your home, work, neighborhood or school. After taking care of your home, family and neighborhood, you will help the city with duties such as providing damage assessment information, sandbagging, sheltering, helping in the Emergency Operation Center (EOC), and providing support to the Fire Department and Police Department.





# Huntington Beach Fire Department

## A Class1 Fire Department

The CERT Basic Series consists of nine units that build on each other and end with a disaster drill where you can practice what you have learned. Unit topics include:

### Disaster Preparedness & Terrorism

Learn what threats Huntington Beach residents face, how the City will respond in a disaster, and how you can get your home, family, neighborhood, school and/or business prepared to respond to emergencies.

### Disaster First Aid (Medical Ops I & II)

Learn creative first aid solutions to common injuries resulting from an earthquake, or other disasters, and the ABC's of disaster first aid. Additional topics include splints, slings, treating burns, impaled objects and shock. Learn how to triage disaster victims.

### Light Search & Rescue/Fire Suppression

Learn how to do a safety size-up, lift 1000+ pounds using simple leverage techniques, properly search for trapped victims, shore up an unsafe structure, and safely move the injured. Learn to use a fire extinguisher and put out a live fire, fire safety and prevention, how to shut off utilities and secure items that may cause injuries in an earthquake. Finish the class with a disaster drill that will test your newly acquired skills.

**FREE** classes are available for March 2017.

#### Class Dates/Times

Tuesday, March 21 & 28

Thursday, March 23 & 30, 6:15pm to 9:15pm  
and

Saturday April 1; 8:00am - 4:00pm

**You must attend all 5 classes to graduate**

**[www.huntingtonbeachca.gov/cert](http://www.huntingtonbeachca.gov/cert)**  
***Neighbor Helping Neighbor***

